

Menu for Week of December 12 thru December 16, 2011

MPL

Monday

Tuesday

Wednesday

Thursday

Friday

Origins













THE FRESH GRILLE

Traffort's

Sandwich Central

Outtakes

Choice of Side Dishes

Mini Corn Dogs	Taco/Nacho Bar Variety of toppings	Pasta Bar Variety of sauces and toppings	Elementary Retro Lunch Crispy Chicken Nuggets	BBQ Riblet Sandwich
Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty
Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun
Buffalo Chicken Sandwich	Hot Dog	BBQ Pork	Hot Dog	Hot Ham & Cheese
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Sausage Pizza	BLT Pizza	Sausage Pizza	Brooklyn Pepperoni Flatbread	Supreme Pizza
Cheese Pizza 	Cheese Pizza 	Cheese Pizza 	Cheese Pizza 	Cheese Pizza 
Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions
Assorted dressings	Assorted dressings	Assorted dressings	Assorted dressings	Assorted dressings
Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap
Crispy Chicken Salad Grilled Chicken Salad	Crispy Chicken Salad Chicken Caesar Salad	Crispy Chicken Salad Grilled Chicken Salad	Crispy Chicken Salad Chicken Caesar Salad	Crispy Chicken Salad Grilled Chicken Salad
Taco Salad				
Triple Decker PB&J 	Ham & Cheese on Pretzel Roll 	Chicken Salad Wrap 	Health Club Sub on Kaiser Roll	Cheese Hoagie 
Mashed Potato	 Seasoned Brown Rice	Sweet Potato	 Broccoli Salad	 Rice & Beans
Green Beans	Steamed Broccoli	Seasoned Corn	Hubbard Squash	Seasoned Peas
Spinach Salad w/Bacon	Berry Applesauce	Grape Tomatoes	Warm Cinnamon Apples	Fresh Carrots & Celery Sticks
Apples, Orange, Banana	Fresh Pear	Apples, Banana	Fresh Pear	Apples, Banana
Diced Pears	Mandarin Oranges	Grapes	Pineapple Tidbits	Diced Peaches

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Entrees in bold print are the Primary component of a balanced Choices meal. Balanced Choice Meals are nutrient dense offerings that go beyond nutritional standards set forth by the National School Lunch program. Each meal is designed to meet 1/3 of students' daily requirements for calories, vitamins A & C, calcium and iron and to provide no > 30% of calories, no > 10% calories from saturated fat and no > 1300 mg of sodium.



Menu for Week of December 19 thru December 23, 2011

MPL

Monday

Tuesday

Wednesday

Thursday

Friday

Origins









THE FRESH GRILLE

Terrific

Sandwich Central

Outtakes

Choice of Side Dishes

Philly Cheesesteak Sandwich	Taco/Nacho Bar Variety of toppings	Pasta Bar Variety of sauces and toppings	Tater Tot Casserole	Pizza Stix w/ Sauce
Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty
Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun
Buffalo Chicken Sandwich	Hot Dog	BBQ Pork Sandwich	Hot Dog	Hot Ham & Cheese
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Sausage Pizza	BLT Pizza	Sausage Pizza	Brooklyn Pepperoni Flatbread	Supreme Pizza
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
				
Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions
Assorted dressings	Assorted dressings	Assorted dressings	Assorted dressings	Assorted dressings
Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap
Crispy Chicken Salad Grilled Chicken Salad	Crispy Chicken Salad Chicken Caesar Salad	Crispy Chicken Salad Grilled Chicken Salad	Crispy Chicken Salad Chicken Caesar Salad	Crispy Chicken Salad Grilled Chicken Salad
Triple Decker PB&J	Ham & Cheese on Pretzel Roll	Chicken Salad Wrap	Health Club Sub on Kaiser Roll	Cheese Hoagie
Mashed Potato	 Seasoned Brown Rice	Sweet Potato	 Broccoli Salad	 Rice & Beans
Glazed Carrots	Steamed Broccoli	Green Beans	Seasoned Peas	Seasoned Peas
Cauliflower Florets	Berry Applesauce	Grape Tomatoes	Warm Cinnamon Apples	Fresh Carrots & Celery Sticks
Apples, Orange, Banana	Fresh Pear	Apples, Banana	Fresh Pear	Apples, Banana
Diced Pears	Mandarin Oranges	Grapes	Pineapple Tidbits	Diced Peaches

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Menu for Week of January 2 thru January 6, 2012

MPL

Monday

Tuesday

Wednesday

Thursday

Friday

Origins

THE FRESH GRILLE

Traffortis

Sandwich Central

Outtakes

Choice or Side Dishes









Pizza Burger	Taco/Nacho Bar	Pasta Bar Variety of sauces and toppings	Baked Potato Bar	Chicken Snack Wrap(2)
Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty
Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun
Buffalo Chicken Sandwich	Hot Dog	BBQ Pork Sandwich	Hot Dog	Hot Ham & Cheese
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Sausage Pizza	BLT Pizza	Sausage Pizza	Brooklyn Pepperoni Flatbread	Supreme Pizza
Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
				
Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions
Assorted dressings	Assorted dressings	Assorted dressings	Assorted dressings	Assorted dressings
Whole Wheat Wrap 	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap
Crispy Chicken Salad Grilled Chicken Salad	Crispy Chicken Salad Chicken Caesar Salad	Crispy Chicken Salad Grilled Chicken Salad	Crispy Chicken Salad Chicken Caesar Salad	Crispy Chicken Salad Grilled Chicken Salad
Triple Decker PB&J	Ham & Cheese on Pretzel Roll	Chicken Salad Wrap 	Health Club Sub on Kaiser Roll	Cheese Hoagie
Mashed Potato	 Fiesta Rice	Sweet Potato	Broccoli Salad	 Confetti Coleslaw
Herbed Broccoli & Cauliflower Salad	Steamed Broccoli	Green Beans	Seasoned Peas	Seasoned Corn
Lettuce Salad	Berry Applesauce	Grape Tomatoes	Warm Cinnamon Apples	Fresh Carrots & Celery Sticks
Apples, Orange, Banana	Fresh Pear	Apples, Banana	Fresh Pear	Apples, Banana
Diced Pears	Mandarin Oranges	Grapes	Pineapple Tidbits	Diced Peaches

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Menu for Week of January 9 thru January 13, 2012

	Monday	Tuesday	Wednesday	Thursday	Friday
MPL	Meatball Hoagie w/shredded mozzarella	Taco/Nacho Bar w/variety of toppings	Pasta Bar Variety of sauces and toppings featuring Alfredo Sauce	Sloppy Joe Sliders	Chili with Toppings
<i>Origins</i>	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty	Crispy Chicken Patty
THE FRESH GRILLE	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun	Cheeseburger on a bun
	Buffalo Chicken Sandwich	Hot Dog	BBQ Pork Sandwich	Hot Dog	Hot Ham & Cheese
<i>Trafforia</i>	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
	Sausage Pizza	BLT Pizza	Sausage Pizza	Brooklyn Pepperoni Flatbread	Supreme Pizza
	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
					
<i>Sandwich Central</i>	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions	Deli Meats & Cheese's Lettuce, pickles, peppers, onions
	Assorted dressings	Assorted dressings	Assorted dressings	Assorted dressings	Assorted dressings
	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap	Whole Wheat Roll or Wrap
	Crispy Chicken Salad Grilled Chicken Salad	Crispy Chicken Salad Chicken Caesar Salad	Crispy Chicken Salad Grilled Chicken Salad	Crispy Chicken Salad Chicken Caesar Salad	Crispy Chicken Salad Grilled Chicken Salad
<i>Outtakes</i>	Triple Decker PB&J	Ham & Cheese on Pretzel Roll	Chicken Salad Wrap	Health Club Sub on Kaiser Roll	Cheese Hoagie
	Mashed Potato	 Seasoned Brown Rice	Sweet Potato	 Broccoli Salad	 Macaroni Salad
	Glazed Carrots	Steamed Broccoli	Green Beans	Seasoned Peas	Seasoned Corn
Choice of Side Dishes	Cauliflower Florets	Berry Applesauce	Grape Tomatoes	Warm Cinnamon Apples	Fresh Carrots & Celery Sticks
	Apples, Orange, Banana	Fresh Pear	Apples, Banana	Fresh Pear	Apples, Banana
	Diced Pears	Mandarin Oranges	Grapes	Pineapple Tidbits	Diced Peaches

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Menu for Week of January 16 thru January 20, 2012

MPL

Monday

Tuesday

Wednesday

Thursday

Friday

Origins


THE FRESH GRILLE

Trafforia

Sandwich Central

Outtakes

Side Dishes

	Monday	Tuesday	Wednesday	Thursday	Friday
Origins	Chicken Cordon Bleu Sandwich	Taco/Nacho Bar Variety of toppings	Pasta Bar Variety of sauces and toppings	Salad Bar	Early Dismissal!
THE FRESH GRILLE	Crispy Chicken Patty Cheeseburger on a bun Buffalo Chicken Sandwich	Crispy Chicken Patty Cheeseburger on a bun Hot Dog	Crispy Chicken Patty Cheeseburger on a bun BBQ Pork Sandwich	Crispy Chicken Patty Cheeseburger on a bun Hot Dog	
Trafforia	Pepperoni Pizza Sausage Pizza Cheese Pizza	Pepperoni Pizza BLT Pizza Cheese Pizza	Pepperoni Pizza Sausage Pizza Cheese Pizza	Pepperoni Pizza Brooklyn Pepperoni Flatbread Cheese Pizza	
Sandwich Central	Deli Meats & Cheese's Lettuce, pickles, peppers, onions Assorted dressings Whole Wheat Roll or Wrap	Deli Meats & Cheese's Lettuce, pickles, peppers, onions Assorted dressings Whole Wheat Roll or Wrap	Deli Meats & Cheese's Lettuce, pickles, peppers, onions Assorted dressings Whole Wheat Roll or Wrap	Deli Meats & Cheese's Lettuce, pickles, peppers, onions Assorted dressings Whole Wheat Roll or Wrap	
Outtakes	Crispy Chicken Salad Grilled Chicken Salad Triple Decker PB&J	Crispy Chicken Salad Chicken Caesar Salad Ham & Cheese on Pretzel Roll	Crispy Chicken Salad Grilled Chicken Salad Taco Salad Chicken Salad Wrap	Crispy Chicken Salad Chicken Caesar Salad Health Club Sub on Kaiser Roll	
	Mashed Potato	 Fiesta Rice	Sweet Potato	 Macaroni Salad	
	Green Beans	Refried Beans	Seasoned Corn	Steamed Broccoli	
Side Dishes	Fresh Carrots & Celery Sticks	Berry Applesauce	Grape Tomatoes	Warm Cinnamon Apples	
	Apples, Orange, Banana	Fresh Pear	Apples, Banana	Fresh Pear	
	Diced Peaches	Mandarin Oranges	Grapes	Pineapple Tidbits	

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