Nutrislice Menu Allergen Filter & Carb Count Instructions



Go to Nutrislice to view and filter menus. You can use the link in Quick Links on the main MJSD Page or use the mobile Nutrislice application on your smart phone.





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Click to choose your school from the Menasha JSD main Nutrislice menu page.

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Menasha Joint School District



Click on the meal you would like to see the menu for. You can choose different dates if needed.



Click on the filter function to filter out specific allergens in the chosen menu.

Menasha Joint School Dis	StriCt ৰ Menasha High Scho	ool					≞
	Lunch Breakfast	Lunch	xpress Deli - Preorder)			🗐 Filters 🗐 Carb Courts 🖨 Print	
	Preorder your lunches, your order!	r Perks! me talking with friends and les using the "Express Deli - Preo and your lunch will be waiting	ss time getting lunch? PREC	n skip the wait! You do not h		on because we have already entered	
		unch, Free Dinner hinner are free to ALL students hthrough the cashier line but t					
	Monthly	2 Tue	≪ April ≫ 3 Wed	4 Thu	5 Fri	REVOLUTION NOODLE DATA DATA DATA DATA DATA DATA DATA DATA	
	Create	Create	Create	Create	Create	Thursday, April 18 th	



Click on the allergen to highlight.



Items crossed out in red have the flagged allergen ingredient.





Find the items you need, print the report or look at different weeks.

Print carb counts

CARBOHYDRATES

Find th	ie items you need,	print the repor	rt or look at	different		
	≡ Vie	ew alphabetically	/eek Next Week 🗲	🖨 Print carb cour		
	Carbohydrate Counts Menasha High School, Lunch Menus, April 7 - April 13 PLEASE NOTE: Carbohydrate counts are based on information obtained from manufacturers and your food provider's recipes and may vary due to product substitutions and/or recipe variations. If you (or any individual on					
	whose behalf you are using this tool consuming any food at your dining lo Monday Apr 8		se check the manufactur	er label before CARBOHYDRATE		
	Chicken Tenders	3.00000000 0000006245 0045135 piece	3 grams	16 grams		
	Cheesy Whole Grain Breadstic	k 1.00000000 0000002081 6681712 each	2 grams	14 grams		
	Seasoned Potato Wedges	3.00000000 0000006245 0045135 oz	2 grams	21 grams		
	Baked Beans	0.50000000 0000001040 83408559 cups	5 grams	30 grams		
	Gochujang Alternative	1.00000000 0000002081 6681712 fl oz	1 gram	7 grams		
	BBQ Sauce	1.000000000 0000002081 6681712 fl oz	1 gram	14 grams		
	Baked Beans	0.50000000 0000001040 83408559 cups	5 grams	30 grams		
	Ham & Cheese Panini	1.00000000	2 grams	31 grams		

chartwells serving up happy & healthy

Cafeteria managers are your best resource for allergen information! If you have a specific dietary need, please reach out to your cafeteria manager or the Director of Dining Services.

Debra Grossinger DDS, Ext 5157 Karlene Wilson- Elementary Schools, Ext 5555 Jenni Meidam- Menasha High, Ext 4555 or 4127 Meg Juarez- Maplewood Middle, Ext 3555

