

**WINTER**



*Spring*

Winter-Spring 2022 Newsletter  
Encourage, Strengthen and Support Families

Early experiences provide the foundation for future learning, behavior & health



Welcome to Our New Community Partner



**HELP ME GROW**

A community initiative of **First5**  
FOX VALLEY

Call: (920) 422-5437 | Email: [hmg@firstfivefoxvalley.org](mailto:hmg@firstfivefoxvalley.org) | Visit: [www.firstfivefoxvalley.org](http://www.firstfivefoxvalley.org)


## Discover Child Development Partners who Can Help & Connect You with Your Village.

We have all heard the saying, "it takes a village to raise a child." Do you and your kids have a strong connection to a village of support? Our partner, First Five Fox Valley brings you Help Me Grow, a program that can help. Help Me Grow is a free network that connects families with early childhood resources and can answer everyday questions that parents and caregivers may have. Help Me Grow has Navigators you can consult with to decide which area resources are right for your needs. They can help connect you to resources, provide a warm handoff to those community supports and can provide helpful follow-up assistance. Navigators want to help get you connected to supports for your child's growth and development to help give them the best possible start in life.

Help Me Grow is here to help you navigate and connect to the village of support in our community!

Questions about programs? Call us!



Like us on  
 **facebook**

Interested in Volunteering?  
Oshkosh: [VolunteerOshkosh.org](http://VolunteerOshkosh.org)  
Fox Cities: Contact Jen DiMatteo  
[jdimatteo@familyservicesnew.org](mailto:jdimatteo@familyservicesnew.org)  
(920) 739-4226 ext. 109

# PARENT CONNECTION PROGRAMS

Visit [www.familyservicesnew.org/parent-connection](http://www.familyservicesnew.org/parent-connection) to learn more about our programs

Call to speak with a Parent Connection team member:

Fox Cities (920) 739-4226, Oshkosh (920) 233-6630, Shawano (715) 853-0923

## A Message from Parent Connection:

Parent Connection is here for *Encouragement, Strength & Support*. We help parents and caregivers learn to support the healthy growth and development of their child/ren and connect with available resources that can make all the difference.



## Community Resources:

Help Me Grow:  
[firstfivefoxvalley.org](http://firstfivefoxvalley.org)

United Way Fox Cities:  
[unitedwayfoxcities.org](http://unitedwayfoxcities.org)  
or [givehelpgethelpfoxcities.org](http://givehelpgethelpfoxcities.org)

Oshkosh Area United Way:  
[oshkoshunitedway.org](http://oshkoshunitedway.org)

United Way of Shawano County:  
[shawanocountyunitedway.org](http://shawanocountyunitedway.org)

Dial 2-1-1 or search [211now](http://211now)  
for Local Resources, Information  
& Referrals

Parent Connection Programs Connect with Families & the Community!



Parents as Teachers®

## Home Visiting:

This FREE early learning program is designed for parents and their babies residing in Outagamie, Winnebago, parts of Calumet & in Shawano Counties. Family Support Specialists trained in early childhood & brain development conduct home visits from the child's birth to the age of three.

- \* Parenting information
- \* Child development information
- \* Constructive play ideas
- \* Developmental screenings
- \* Connection to community resources

While practicing safety, our professional staff continue to meet the needs of the children and families they serve.



## Parent Education Workshops:

We have adapted many of our classes to be offered as *Hybrid!*



Hybrid options allow you to choose between In-Person and Online attendance!

Visit our Website & Facebook page for the most current Parent Education Workshops & Events:

[www.familyservicesnew.org/parenting-classes](http://www.familyservicesnew.org/parenting-classes)  
[www.facebook.com/ParentConnectionWI/Events](https://www.facebook.com/ParentConnectionWI/Events)

## Questions about Workshops?

Contact Fox Cities: Jen DiMatteo  
[jdimatteo@familyservicesnew.org](mailto:jdimatteo@familyservicesnew.org)  
(920) 739-4226 ext. 109

Contact Oshkosh: Jenifer Rettler  
[jrettler@familyservicesnew.org](mailto:jrettler@familyservicesnew.org)  
(920) 642-0042

Scholarships are available to families within our service areas. Internet access is needed for online classes. Free childcare available at most in-person classes. Limited spots, *register early!* We reserve the right to cancel workshops with low enrollment. Fees will be refunded for any cancelled workshops.

# PARENT EDUCATION WORKSHOPS & EVENTS

Clicking the [Class Date](#) on our digital newsletter links you to the Online Registration | Scholarships available, Call Fox Cities or Oshkosh  
Cancellation Line: Call (920) 739-4226 ext. 154 to check on any workshop cancellations



## WINTER

### FOX VALLEY

#### Potty Training

*Available in On Demand Video*

Cost: Free

This is an online video from a prior class that provides guidance to parents and caregivers preparing for or undertaking potty training.

#### Baby Basics for New & Expectant Dads (In-Person)

Monday, January 10

Or Monday, March 14

6:00-9:00 pm

*Sign-up for one session*

Cost: \$10 | Research-based

This program designed *Just for Dads* discusses and demonstrates basic newborn care (handling, feeding, burping, changing, cleaning & calming), what to expect in the coming months and how to enhance your baby's development.

#### Introduction to Autism for Supporters of Parents & Caregivers (Hybrid)

Monday, January 31 | 6:00-8:00 pm

Cost: Free

Are you a grandparent or support person for someone on the autism spectrum? This workshop is designed specifically for you. Loving and supporting a child on the spectrum may be different from your dream about becoming a grandparent, aunt or uncle. Learn about the key features of autism and how they may impact your ability to build a bond with the child in your life.

Topics will include effective communication tools, sensory needs, supporting the IEP and being on a team, supporting other family members to understand autism, and community resource options.

#### Active Parenting of Teens™ (Hybrid)

Tuesdays, 6:00-8:00 pm

Cost: \$10 per session | Evidence-based

These workshops are for parents who want to prepare for or are experiencing the changes of teenage development and want to help prepare their preteens & teens to survive & thrive in society.

The first four dates/topics are the foundation of this program, one leading into the next.

Register for the dates/topics of most interest to you or for all six Tuesday sessions!

- \* February 1 – The Active Parent
- \* February 8 – Winning Cooperation
- \* February 15 – Responsibility & Discipline
- \* February 22 – Building Courage & Redirecting Misbehavior
- \* March 1 – Drugs, Sexuality & Violence: Part 1 Reducing Risks
- \* March 8 – Drugs, Sexuality & Violence: Part 2 Reducing Risks

#### Love & Logic:

#### Early Childhood Parenting Made Fun™ (Hybrid)

Thursdays, February 3-17 | 6:00-8:00 pm

Cost: \$15 | Evidence-based

*Plan to attend all 3 sessions*

This 3-session workshop offers practical techniques for raising responsible kids! Learn discipline with your children without losing their love & respect (or your sanity). Effective communication, choices and consequences are the foundation of this program for positive learning & growth of your children.

#### Anger Management for Parents (Hybrid)

Thursday, March 10 | 6:00-8:00 pm

Cost: \$10 | Research-based

There are times that we find ourselves crabby, frustrated or angry with the people we love. Learn basic skills to help manage your own anger, to improve your relationships & to create a more harmonious home! We spend time talking about your own anger triggers and responses as a way to lead into understanding how to help our children.

#### Positive Discipline (Hybrid)

Thursday, March 17 | 6:00-8:00 pm

Cost: \$10 | Research-based

This course will talk about discipline as structure, routine, communication & being our children's role models. Build up your children's positive behaviors & sense of self-esteem. Let's talk about how we can start Positive Discipline in our homes today!

#### Parenting the Love and Logic Way™ (Hybrid)

Thursdays, 6:00-8:00 pm

Cost: \$10 per session | Evidence-based

Everybody wins when parents develop skills for reinforcing the expectations of their children at school and beyond. These workshops are designed to share practical skills we can begin using right away with our children. The skills our children learn in the process will set them up to be happier, more confident & more prepared for the next stages in their lives.

Each date/topic leads into the next, but they are also valuable on their own. Register for the dates/topics of most interest to you or for all six Thursday sessions!

- \* April 7 – No More Arguing
- \* April 14 – Teaching Responsibility
- \* April 21 – Setting Limits
- \* May 12 – Avoid Power Struggles
- \* May 19 – Guiding Kids to Problem-Solve
- \* May 26 – Kids & Chores



#### Autism 1.0 for Parents, Family & Caregivers (Hybrid)

Monday, April 25 | 6:00-8:00 pm

Cost: Free

Do you want to learn more about autism? Want to learn how to be an advocate for your child and tap into community resources? Join us for a discussion on what autism is, what it is not, dealing with behaviors in a positive way, common characteristics of those with autism, helping your child, and resources/help for parents.

### OSHKOSH

#### Positive Discipline (Hybrid)

Wednesday, February 23 | 6:00-8:00 pm

Cost: \$10 | Research-based

This course will talk about discipline as structure, routine, communication & being our children's role models. Build up your children's positive behaviors & sense of self-esteem. Let's talk about how we can start Positive Discipline in our homes today!

#### Active Parenting: First Five Years™ (Hybrid)

Tuesdays, April 5-26 | 6:00-8:00 pm

Plan to attend 3-4 Sessions

Cost: \$15 | Evidence-based

*Includes a Parent's Guide book*

This program builds basic parenting & nurturing skills for new parents and caregivers with topics focusing on: You & Your Child, Preventing Problems, Encouraging Positive Behavior & an Optional 4th Session, Preparing for School Success.

### COMMUNITY EVENTS

#### Young Parent Conference (In-Person)

Friday, May 6

This FREE conference is for any parents from teens through 25. Take some time to learn from experts in our communities about your children, parenting, health, safety & more - *Just for You!* Learn about resources that are here for you & your children.

Participate & earn a chance to win prizes!

Register Online at:

<https://www.surveymonkey.com/r/YPC2022>

Questions?

Contact Jen DiMatteo

[jdimatteo@familyservicesnew.org](mailto:jdimatteo@familyservicesnew.org)

(920) 729-4226 ext. 109

#### Fatherhood Event (Oshkosh)

March, TBA | Cost: Free

Watch Facebook for Event Notifications



Parent Connection  
1810 Appleton Road, Menasha, WI 54952



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Menasha Joint School District  
100 Main St  
Menasha WI 54952

Parent Connection is a program of Family Services of Northeast Wisconsin, Inc.

**Fox Cities:** 1810 Appleton Road, Menasha, WI 54952 | (920) 739-4226

**Oshkosh:** 36 Broad Street, Suite 150, Oshkosh, WI 54901 | (920) 233-6630

**Shawano:** 607 E Elizabeth Street, Shawano, WI 54166 | (715) 853-0923

Visit us at: [www.familyservicesnew.org/parent-connection](http://www.familyservicesnew.org/parent-connection)



For a complete listing of what Parent Connection offers  
& the most up-to-date information,  
sign-up for our emailed program updates!



Just send your email address by text message!

Text:  
**PARENTCONNECTION**  
to **42828**  
and start getting  
program updates!



Parent Connection is a program of Family Services of Northeast Wisconsin. It receives a portion of its funding from MIECHV, US Venture, JJ Keller, Mielke Family Foundation, ThedaCare, Community Foundation for the Fox Valley Region, Shawano Area Community Foundation, Fox Cities United Way, Oshkosh Area United Way, Outagamie & Winnebago Counties, agency fundraising events and generous donations.